

Bibliographic Descriptions in APA-7 Standard

In-text citation (possible cases):

(Kowalski, 2013)

or narrative citation: As Kowalski writes (2013, p. 20), ...

(Kowalski, 2012a)

(Kowalski, 2012b)

(Kowalski, 2013, p. 67)

(Kowalski & Nowak, 2012)

(Kowalski *et al.*, 2022) – used for more than 2 authors

(Nowak, 2008; Romaniak, 2010; Kowalski, 2012a; 2013) – chronological order

Title without author, 1996

(Nowak, n.d.)

In table and figure sources – same rule, bibliographic entry without parentheses:

Source: own elaboration based on Kowalski (2024).

Use Polish (English) abbreviations: wyd. (ed.), red. (editor), tłum. (translator), b.d. (n.d.), s. (p.)

Book with author:

Author. (year). *Title of the book*. Place of publication: Publisher. DOI (if assigned)

Jaworska, M. (2025). *Logistics Capabilities of Enterprises*. Warszawa: Polish Economic Publishing House.

Kaufman, K.A., & Pineau, T.R. (2018). *Mindful Sport Performance*. American Psychological Association. <https://doi.org/10.1037/0000048-000>

Edited book:

Editor (ed.). (year). *Title of the book*. Place of publication: Publisher. DOI (if assigned)

Pawłowska, H. (ed.). (2018). *Łęczyca targowa*. Warszawa: Muza.

Maykel, C., Bray, M.A. (eds.). (2020). *Promoting Mind-Body Health in Schools: Interventions for Mental Health Professionals*. American Psychological Association. <https://doi.org/10.1037/0157-002>

Chapter in a book:

Author. (year). Chapter title. In: Editor (ed.), *Title of the book* (page range). Place of publication: Publisher. DOI (if assigned)

Lasota, A. (1996). Introduction to the discussion: mathematics and philosophy. In: M. Heller (ed.), *Open Science and Its Advocates* (pp. 51–61). Lublin: Biblos.

Kamusella, T. (2016). Migration or immigration. In: T. Kamusella (ed.), *The Palgrave Handbook of Slavic Languages* (pp. 524–548). Palgrave Macmillan. <https://doi.org/10.1037/edu0000696>

Translated book:

Author. (year). *Title of the book* (Translator, trans.). Place of publication: Publisher.

Manzoni, A. (1994). *The Betrothed* (B. Sieroszewska, trans.). Wrocław: Dolnośląskie Publishing House.

Journal article:

Author. (year). Article title. *Journal Name*, volume(issue), page range. DOI

Kocot-Kępska, M., Wordliczek, J., Dobrogowski, J. (2016). PTBB position on the treatment of patients with pain. *Pain*, 21(1), 11–16. <https://doi.org/10.5604/01.3001.0014.1570>

Online article:

Author. (date). Article title. *Journal Name*. DOI or URL

Maciorowski, A. (2023). VIP – 10 questions for Maciej Gałęcki, ex-CEO of Bluerank. *Online Marketing Magazine*. Available from: <https://o-m.pl/artukul/vip-10-pytan-do-macieja-galeckiego>

Report:

Author. (year). *Title of the report*. Publisher (if different from author). DOI or URL

Statistics Poland (GUS). (2022). *Registrations and bankruptcies of enterprises in the second quarter of 2022*. Available from: <https://stat.gov.pl/przedsiębiorstwa-niefinansowe.html>

Dictionary or online encyclopedia:

Author or institution. (n.d.). Entry. In: *Title*. URL

Krowicka, J. (n.d.). E-office. In: *Management Encyclopedia*. Available from: <https://mfiles.pl/pl/index.php/>

Conference material:

Author. (date). *Title of presentation* [conference session]. Conference name, Conference location. URL

Davidson, R.J. (2019). *Well-being is a skill* [conference session]. APA 2019 Convention, Chicago, August 8–11. Available from: https://irpcdn.multiscreensite.com/APA2019_Program.pdf

Published academic thesis:

Author. (year). *Title of thesis* [type of thesis]. University. URL

Łukaszewicz, B. (2020). *Expression of negative emotions in Polish glottodidactic practice* [doctoral dissertation]. University of Warsaw. Available from: <https://depotuw.ceon.pl/handle/item/3710>

Unpublished academic thesis:

Author. (year). *Title of thesis* [type of thesis]. University.

Sońta-Drączkowska, E. (2007). *Impact of project management on creating enterprise value* [unpublished doctoral dissertation]. Warsaw School of Economics.

Website:

Author. (publication date). *Title of material*. Website name (if different from author). URL

Kwestia Smaku. (n.d.). *Lentil soup with mushrooms*. Available from :

<https://www.kwestiasmaku.com/przepis/zupa-zsoczewicy-z-grzybami>

American Psychological Association. (n.d.). *Data sharing* [infographic]. Available from:

<https://www.apa.org/pubs/3datasharing-infographic.pdf>

Rutledge, P. (2019). *The upside of social media*. The Media Psychology Blog. Available from:

<https://www.pamelarutledge.com/2019/03/11/the-upside-of-social-media>

Above The Noise. (2017). *Can procrastination be a good thing?* [video]. YouTube. Available from:

<https://www.youtube.com/watch?v=FQMwmbNNOQ>

Klimaty Podlasia. (2026). *On the Narew* [photo]. Facebook. Available from:

<https://www.facebook.com/photo/?fbid=954103923587635&set=a.473938958270803>

Legal act:

Journal of Laws (Dz.U.). (2002). *Act of October 28, 2002 on the Inland Navigation Fund and the Reserve Fund*. No. 199 item 1672.

Official Journal of the EU (Dz.Urz.UE). (2005). *Directive 2005/44/EC of the European Parliament and of the Council of 7 September 2005 on harmonized river information services (RIS) on inland waterways in the Community*. L 255 of 30.9.2005.

Monitor Polski (M.P.). (2013). *Resolution No. 6 of the Council of Ministers of January 22, 2013 on the Transport Development Strategy until 2020 (with a perspective until 2030)*. Item 75.

Ministry of Infrastructure (MI). (2005). *State Transport Policy for 2006–2025*.

<http://www.europedirect-katowice.pl/dokumenty/2/polityka-transportowa-panstwa.pdf>

European Commission. (2021). *Communication from the Commission to the European Parliament, the Council, the European Economic and Social Committee and the Committee of the Regions NAIADES III*. COM (2021) 324 final.
